



## MEAL PLAN

### STARTERS

- **FUNKY KOKODA** – Fresh marinated fish in lemon juice deep in coconut cream served with Bread, Chilies & Lime
- **SWEET CORN SOUP** - Served with toasted bread
- **CHICKEN SATAY** – Served with Salad, Steamed Rice & Peanut Sauce
- **MALOLO SALAD** – Crisp Lettuce, Lowered Vegies on Appalum with your choice of dressing
- **GARDEN VEGETABLE SOUP** – Served with crispy bread
- **FISH/SEAFOOD CHOWDER** – Served with crispy bread
- **SOUP OF THE DAY** – chef's daily special

### SIDES

- **Basket of Fries**
- **Wedges**
- **Vegetable Samosa**
- **Garlic/Chili Bread**



## LUNCH MEAL PLAN

### SALADS

- **CHICKEN CAESAR SALAD** – Lettuce + Bacon Bits + Croutons + Boiled Eggs + Parmesan Cheese & Caesar Dressing
- **MAHIMAHU SALAD** – Grilled Mahi-mahi + Seasonal Vegetables & Wedges
- **ROASTED VEGETABLES** – Roasted Island Vegetables (Cucumber/Carrot/Pineapples/Onion//Basil) & Dressing

### BURGERS/SANDWICHES/WRAPS

**(All Served with Fries & Salad)**

- **BULA BURGER** – Beef/Fish/Chicken Pattie + Pineapple + Fried Egg & Cheese
- **GRILLED CLUB SANDWICH** – Bacon + Chicken + Egg + Lettuce & Tomato
- **TOASTED SANDWICH** – Choice of two fillings – (Egg/Chicken/Tomato/Cheese/Lettuce/Ham)
- **CHICKEN CAESAR WRAP** – Salad + Caesar Dressing in a tortilla wrap

### MAINS

- **BASKET FISH & CHIPS** – Lightly battered Fish + Tartar Sauce + Fries & Salad
- **GRILLED CHICKEN** – Boneless Chicken Breast + Fries & Salad
- **CRUMBED CHICKEN** – Chicken Drumstick + Wedges
- **VEGETABLE SUSHI** – Seasonal Vegetables + Kikkoman Soy Sauce.



## DINNER MEAL PLAN

### MAINS

- **DOUBLE CHICKEN BREAST – Grilled Boneless Chicken Breast, white wine sauce served with Potatoes & Seasonal Vegetables**
- **TERIYAKI CHICKEN BREAST – Skinless Chicken Breast poached in homemade Teriyaki sauce served with Rice & Salad**
- **GRILLED LIME CHICKEN – Served with mashed potatoes & seasonal vegetables**
- **GRILLED LAMB – Basil garlic, grilled Lamb cutlets on mashed potatoes, Island Salad with Red Wine juice**
- **RED PORK – Grilled red Pork with plunged vegetables served with mashed potatoes**
- **PAN PORK TENDERLOIN – Grilled Pork tenderloin served with mashed potatoes and Salad**
- **BEEF STEAK – With seasonal vegetables served with Rice**
- **ASIAN STIR FRY – Choice of Chicken/Beef/Fish with vegetable Asian style with Rice or Noodles**
- **CURRY PLATTER – Choice of Chicken/Beef//Fish with vegetables with Rice/Roti & Condiments**



## DINNER MEAL PLAN

### VEGETARIAN

- **STUFFED EGG PLANT** — With Seasonal Vegetables, Cheese Topping served with Rice.
- **STUFFED CABBAGE LEAVES** — Blanched Cabbage leaves with seasonal Vegetables served with Rice topped with tomato Puree.
- **VEGETABLE TOWER** — Baked seasonal Vegetables with Cheese and Coconut Cream served with Fried Rice

### PASTA

- **SEAFOOD PASTA** — Combination of Seafood (Cream of Tomato Base Sauce) with Pasta
- **SPAGHETTI BOLOGNAISE** — Ground Beef in Italian Sauce and Fresh Herbs served with Spaghetti.
- **SPIRAL PASTA** – Served with Sauteed fresh seasonal Vegetables in Marinara Sauce.
- **GARLIC TOMATO PRAWN PASTA** — Spaghetti with Prawns in Garlic Tomato Sauce in White Wine.



## DINNER MEAL PLAN

### SEAFOOD

- **IKA VAKALOLO** — Fish Fillet poached in Coconut Cream, Cabbage, Tomato and Onion served with Rice or Root Crop.
- **CATCH OF THE DAY** — Herbed Grilled Fish Fillet served with market greens & Steamed Rice topped with Creamy Garlic Sauce.
- **GARLIC PRAWNS** — Served with Steamed Rice and Seasonal Vegetables.
  
- **BEEF PIE** – Baked Beef Bolognese\* Mashed Potatoes\* Garned Salad & Garlic Bread.
- **PASTA BOLOGNAISE** – Beef Bolognese\* Pasta\* Garden Salad & Garlic Bread
- **VEGETARIAN PASTA** – Tomato Sauce base/ Creamy Sauce \* Garlic Bread
- **FRIED RICE** – Seafood/Chicken/Vegetable\* Tomato & Cucumber Salsa.
- **SHISHI KEBAB** – Fish/Chicken \* Cucumber\* Carrot\* Pineapple \* Rice & Sweet Chili Sauce.
- **TERIYAKI CHICKEN WINGS** – Chicken Wings\* Teriyaki Sauce\* Rice & Salad



## BREAKFAST MEAL PLAN

- **QUICK START: 2 EGGS/2 FRUITS/3 TOAST & Preserves**

### EXTRAS:

<ul style="list-style-type: none"><li>• Baked Beans</li><li>• Spaghetti</li></ul>	<ul style="list-style-type: none"><li>• Grilled Bacon</li><li>• Grilled Tomato</li></ul>
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## A'LA CARTE MENU

- Bacon & Eggs On Toast
- Scrambled Eggs on Whole Meal Bread
- 3 Egg Omelet with your choice of filling (Ham/Cheese/Onion)
- Pancake Stack\* Maple Syrup \* Chantilly Cream
- Funky Big Breakfast – Includes Bacon, Sausage, Baked Beans, Hash Brown, Eggs cooked as you like, Tomatoes
- Eggs Benedict – Includes Poached Eggs, Hollandaise, Spinach & Toast

Continental Breakfast is Inclusive of:  
Tea/Coffee/Tropical Fruits/Juice/Cereal